



Below is a listing of in-person older adult community lunch programs in the Greater Springfield area. For additional information, call the site's number directly or call GSSSI at 413-781-8800.

You may also visit our website at [www.gsssi.org](http://www.gsssi.org).

**Agawam Senior Center**

954 Main Street  
Agawam, MA 01001  
**Time:** Monday-Friday at Noon.  
**Suggested Donation:** \$3 per meal.  
**RSVP:** at least one day in advance by calling 413-821-0604

**Baystate Place**

414 Chestnut Street  
Springfield, MA 01104  
**Time:** Mondays, Wednesdays, & Fridays at 11:30 AM.  
**Suggested Donation:** \$2 per meal  
**RSVP:** By 11:30 AM one day in advance by calling 413-733-7894.

**Brimfield Senior Center**

20 Main Street  
Brimfield, MA 01010  
**Time:** Tuesdays & Thursdays at 11:30 AM.  
**Suggested Donation:** \$2 per meal.  
**RSVP:** By 11 AM one day in advance by calling 413-245-7253 or 413-245-2889.

**East Longmeadow Senior Center**

328 N. Main Street  
East Longmeadow, MA 01028  
**Time:** Monday-Friday at Noon.  
**Suggested Donation:** \$3 per meal.  
**RSVP:** By 11 AM one day in advance by calling 413-525-5436.

**Hampden Senior Center**

104 Allen Street  
Hampden, MA 01036  
**Time:** Monday-Friday at Noon.  
**Suggested Donation:** \$2 per meal.  
**RSVP:** By 10 AM one day in advance by calling 413-566-5588.

**Holland Senior Center**

40 Brimfield Road  
Holland, MA 01521  
**Time:** Mondays & Wednesdays at Noon.  
**Suggested Donation:** \$3 per meal  
**RSVP:** Call 413-245-3163; by Friday for Monday's meal & by Monday for Wednesday's Meal.

**Longmeadow Adult Center**

112 Maple Street  
Longmeadow, MA 01106  
**Time:** Monday-Friday at Noon.  
**Suggested Donation:** \$3 per meal  
**RSVP:** At least one day in advance by calling 413-565-4150

**Monson Senior Center**

106 Main Street  
Monson, MA 01057  
**Time:** Monday-Friday at Noon.  
**Suggested Donation:** \$2.50 per meal  
**RSVP:** By 2:30 pm one day in advance, by calling 413-267-4121.

**Palmer Senior Center**

1029 Central Street  
Palmer, MA 01069  
**Time:** Mondays, Wednesdays, & Fridays at 11:30 AM.  
**Suggested Donation:** \$2 per meal  
**RSVP:** By 11:30 AM one day in advance by calling 413-283-2670.

**Wales Senior Center**

85 Main Street  
Wales, MA 01081  
**Time:** Tuesdays & Thursdays at Noon.  
**Suggested Donation:** \$3 per meal  
**RSVP:** By Noon one day in advance by calling 413-245-9683.

**West Springfield Senior Center**

128 Park Street  
West Springfield, MA 01089  
**Time:** Monday-Friday at 11:30 AM.  
**Suggested Donation:** \$3 per meal.  
**RSVP:** By Noon one day in advance by calling 413-263-3264.

**Wilbraham Senior Center**

45B Post Office Park  
Wilbraham, MA 01095  
**Time:** Mondays only at 11:40 AM.  
**Suggested Donation:** \$3 per meal  
**RSVP:** By calling 413-596-8379 by Friday the week before.

**Springfield Senior Centers**

**Suggested Donation:** None  
**RSVP** for any of the below locations by calling 413-787-6785 at least one week in advance.

**Raymond A. Jordan Senior Center**

1476 Roosevelt Avenue 01109  
**Time:** Monday- Friday at 11:30 AM.

**Clodo Concepcion Community Center**

1187½ Parker Street 01129  
**Time:** Mondays, Wednesdays, and Fridays at 11:30 AM.

**Hungry Hill Senior Center**

773 Liberty Street 01104  
**Time:** Tuesdays & Wednesdays at 11:30 AM.

**North End Senior Center**

310 Plainfield Street 01107  
**Time:** Wednesdays and Fridays at 11:30 AM.