



Below is a listing of in-person older adult community lunch programs in the Greater Springfield area. For additional information, call the site's number directly or call GSSSI at 413-781-8800.

You may also visit our website at www.gsssi.org.

Agawam Senior Center

954 Main Street
Agawam, MA 01001
Time: Monday-Friday at Noon.
Suggested Donation: \$3 per meal.
RSVP: at least one day in advance by calling 413-821-0604

Baystate Place

414 Chestnut Street
Springfield, MA 01104
Time: Mondays, Wednesdays, & Fridays at 11:30 AM.
Suggested Donation: \$2 per meal
RSVP: By 11:30 AM one day in advance by calling 413-733-7894.

Brimfield Senior Center

20 Main Street
Brimfield, MA 01010
Time: Tuesdays & Thursdays at 11:30 AM.
Suggested Donation: \$2 per meal.
RSVP: By 11 AM one day in advance by calling 413-245-7253 or 413-245-2889.

East Longmeadow Senior Center

328 N. Main Street
East Longmeadow, MA 01028
Time: Monday-Friday at Noon.
Suggested Donation: \$3 per meal.
RSVP: By 11 AM one day in advance by calling 413-525-5436.

Hampden Senior Center

104 Allen Street
Hampden, MA 01036
Time: Monday-Friday at Noon.
Suggested Donation: \$2 per meal.
RSVP: By 10 AM one day in advance by calling 413-566-5588.

Holland Senior Center

40 Brimfield Road
Holland, MA 01521
Time: Mondays & Wednesdays at Noon.
Suggested Donation: \$3 per meal
RSVP: Call 413-245-3163; by Friday for Monday's meal & by Monday for Wednesday's Meal.

Longmeadow Adult Center

112 Maple Street
Longmeadow, MA 01106
Time: Monday-Friday at Noon.
Suggested Donation: \$3 per meal
RSVP: At least one day in advance by calling 413-565-4150

Monson Senior Center

106 Main Street
Monson, MA 01057
Time: Monday-Friday at Noon.
Suggested Donation: \$2.50 per meal
RSVP: By 2:30 pm one day in advance, by calling 413-267-4121.

Palmer Senior Center

1029 Central Street
Palmer, MA 01069
Time: Mondays, Wednesdays, & Fridays at 11:30 AM.
Suggested Donation: \$2 per meal
RSVP: By 11:30 AM one day in advance by calling 413-283-2670.

Wales Senior Center

85 Main Street
Wales, MA 01081
Time: Tuesdays & Thursdays at Noon.
Suggested Donation: \$3 per meal
RSVP: By Noon one day in advance by calling 413-245-9683.

West Springfield Senior Center

128 Park Street
West Springfield, MA 01089
Time: Monday-Friday at 11:30 AM.
Suggested Donation: \$3 per meal.
RSVP: By Noon one day in advance by calling 413-263-3264.

Wilbraham Senior Center

45B Post Office Park
Wilbraham, MA 01095
Time: Mondays only at 11:40 AM.
Suggested Donation: \$3 per meal
RSVP: By calling 413-596-8379 by Friday the week before.

Springfield Senior Centers

Suggested Donation: None
RSVP for any of the below locations by calling 413-787-6785 at least one week in advance.

Raymond A. Jordan Senior Center

1476 Roosevelt Avenue 01109
Time: Monday- Friday at 11:30 AM.

Clodo Concepcion Community Center

1187½ Parker Street 01129
Time: Mondays, Wednesdays, and Fridays at 11:30 AM.

Hungry Hill Senior Center

773 Liberty Street 01104
Time: Tuesdays & Wednesdays at 11:30 AM.

North End Senior Center

310 Plainfield Street 01107
Time: Wednesdays and Fridays at 11:30 AM.